



# NMPC KIDS WINTER NEWSLETTER



## Upcoming Events

### NMPC Kids on Ice

*Saturday, January 31<sup>st</sup> @ 3:30 - 5 pm*  
Lace up for fun! Come to the Macon Coliseum to show off your iceskating skills (or lack thereof). Register on REALM by January 28th.

### Love Thy Neighbor

*Wednesday, February 11th*  
Join us for a special Wednesday Night where we will focus on showing love to our neighbors!

### Parents Night Out

*March 20th @ 6-8 pm*  
Pizza? Check. Fun? Check. Free babysitting for children 4 years and older? Oh yeah, check! More details to come and spaces limited.

## How Do I Keep From Singing?

What's your favorite song? Is it something upbeat? Maybe has a silly tune or words? Or maybe it's something that pumps you up before a game or tournament. There's something about music that communicates feelings or thoughts in a way beyond just speaking them. God designed our bodies and minds to be able to create music and song and made our hearts responsive to its melodies. Throughout Scripture, God's people are told to sing praises to God for who He is and what He has done. (In fact, there's a whole book of the Bible that is a collection of songs and hymns – what book is it?\*)

Let's look at a few reasons why God tells us to sing:

- **Singing helps us remember.** We are often forgetful of who God is and what He has done so singing engages our mind, body and heart to remember the amazing God who loves and saved us. God has used song from the very beginning to help His people remember. (Look up Exodus 15:1 and imagine what that song might have sounded like. I bet it was a banger!) Remembering Jesus's sacrifice, forgiveness and grace in song refocuses our hearts and minds and helps us live out His goodness and truth.
- **Singing helps encourage one another.** Have you ever wondered why so much of our Sunday worship includes all of us singing? If the purpose

was just to have beautiful music in the service, we could all sit back and listen to Mrs. Melanie sing but instead we purposefully join together in song. The blending of our voices together proclaiming the truths of God reminds us that we are not alone in our walk of faith. It reminds us that the truths of God's love and faithfulness are for you, for the family in the pew ahead and the elderly couple sitting on the other side. It's for the preschooler who can barely hold up the hymn book and the new mom who can barely hold open her eyes. All our voices together share encouragement and strengthen our connection with one another and the God we serve.

- **Singing imprints on our hearts and minds.** How many times have you gotten a song stuck in your head? (I'm looking at you "This is the Song that Doesn't End.") There's something about music that buries deep into our minds and helps us remember things more easily. This is why you may learn songs to help you memorize multiplication facts or the 50 states. If God wants us to be singing people, then it makes perfect sense for Him to create our brains to retain information more easily to music. And while multiplication facts and the 50 states are important, there's nothing more important to put into our minds and hearts than God's Word. In fact, this is why we memorize Scripture to music on Wednesday Nights! When we sing His songs, we are reminding our minds, bodies and hearts of God's goodness, our salvation and our hope in Him. And those songs ring in our ears and souls long after the music has stopped. So often I find myself throughout the week humming a hymn from Sunday Worship or a song that we're learning on Wednesday Nights. By doing so, I'm able to incorporate praises in the every day moments. Just as God intended.

So this Sunday I hope you sing with extra joy and purpose! I also encourage you to join us on Wednesday Nights where we learn Scripture set to music and songs to share with the congregation. It's a great way to keep yourself singing God's praises for your good and His glory!

\*The answer is the books of Psalms.

## FAMILY TIME

- After church this Sunday discuss as a family one of the hymns we sing. Was there a verse that stood out to you? How did the music make you feel?
- Check out Poor Bishop Hooper on Spotify or wherever you listen to music. This duo has set all of the Psalms to music, and it's amazing how the words come alive to their melodies.
- Challenge - find a Bible verse to memorize to music! The Corner Room, Slugs & Bugs and Seeds Kids Worship are great places to start. Extra points if you come up with hand motions!

## WHAT'S UP WEDNESDAYS!

This semester we will be studying the book of  
**PROVERBS!**

You won't want to miss  
**SCRIPTURE MEMORY**  
**NEW CHOIR SONGS**  
**YOUTH NIGHT**  
**SERVICE NIGHT**  
**GAMES**  
**AND MORE!**



## Book Spotlight

We are updating our  
bookshelves!

Check out this title from  
Kristyn Getty!

**We Sing!** helps children  
ages 3-8 connect with  
important biblical truths:  
worship is for everyone,  
every day, and forever.



## VBS!

Yes, it is still winter.  
Yes, we are talking  
about VBS.

Mark your calendars  
**July 20-25th**

It's going to be a  
blast....